

YOKO

Guide Book



**Waist support adjustment:**

Adjust the height of the waist rest by moving it up and down.

**Seat height adjustment:**

Lift up to unlock the seat height adjustment function of the gas lift. When not in the highest position, if the body is away from the seat surface, pressing the handle will raise the seat. When not in the lowest position, if the body is seated on the seat surface, pressing the handle will lower the seat.

Foot Pedal Adjustment:

Rotate the adjustment handle counterclockwise to release the foot pedal. After moving the foot pedal up or down to the desired height, rotate the adjustment handle clockwise to tighten and secure the foot pedal in place.

Waist support adjustment:

Adjust the height of the waist rest by moving it up and down.

**Headrest Adjustment:**

To adjust the height of the headrest, simply slide it up or down along the neck support.

By doing so, you can customize the position of the headrest to provide comfortable support for your neck and head while sitting.

**Seat Height Adjustment and Backrest Reclining Adjustment:**

1. **Seat Height Adjustment:** To control the chair's up and down movement, turn the handle clockwise.
2. **Backrest Locking:** In an unlocked state, push the handle all the way inwards to lock the backrest (this is the standard mechanism and can only be locked in its original position)
3. **Backrest Unlocking:** To unlock the backrest, gently lean back against the chair's backrest, which will cause the handle to separate from the limit stop. Then, pull the handle outward to unlock it.

**Armrest Adjustment:**

To adjust the height of the armrests, lift up on the adjustment mechanism.

By doing so, you can raise or lower the armrests to a comfortable position that supports your arms and shoulders while sitting.

To adjust the front and rear position of the armrests, slide them forward or backward along the rail.

This allows you to customize the distance between the armrests and your body to provide optimal support and comfort.

To adjust the angle of the armrests, rotate them left or right.

This feature enables you to find the most comfortable position for your arms and wrists, helping to prevent strain or discomfort during extended periods of use.

Tension Control:

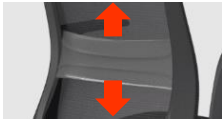
To adjust the reclining tension of the chair, rotate the tension control knob either clockwise or counterclockwise.

Turning the knob clockwise will increase the reclining tension, making it harder to lean back in the chair.

Turning the knob counterclockwise will decrease the reclining tension, allowing for easier recline.

**Lumber Height:**

Adjust the height of the waist rest by moving it up and down.

**Headrest Adjustment:**

To adjust the height of the headrest, simply slide it up or down along the neck support.

By doing so, you can customize the position of the headrest to provide comfortable support for your neck and head while sitting.

Tension Control:

To lock the recline function of the chair, push the recline control mechanism inward.

This action will lock the backrest in its current position, preventing it from reclining further.

To unlock the recline function, pull the recline control mechanism outward.

This will release the lock and allow the backrest to recline freely.

After unlocking the recline function, you can apply pressure to the backrest to adjust it to your desired reclining angle.

Seat Height Adjustment:

Locate the handle underneath the right side of the seat cushion.

Lift the handle to unlock the gas lift mechanism for seat height adjustment.

When the seat is not in its highest position, stand up from the seat surface.

By lifting the handle, the seat will rise.

When the seat is not in its lowest position, sit on the seat surface. By lifting the handle, the seat will lower.

**Seat Depth Adjustment:**

Locate the button underneath the right side of the seat cushion.

Press and hold the button to unlock the seat depth sliding function.

Headrest Adjustment:

To adjust the height of the headrest, simply slide it up or down along the neck support.

By doing so, you can customize the position of the headrest to provide comfortable support for your neck and head while sitting.

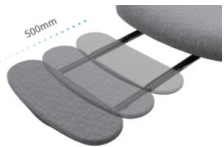
**Lumber Height:**

Adjust the height of the waist rest by moving it up and down.

**Footrest Adjustment:**

The chair is equipped with a hidden, retractable footrest.

To extend the footrest, simply pull it outward.

**Armrest Adjustment:**

To adjust the height of the armrests, lift up on the adjustment mechanism. By doing so, you can raise or lower the armrests to a comfortable position that supports your arms and shoulders while sitting.

To adjust the front and rear position of the armrests, slide them forward or backward along the rail.

This allows you to customize the distance between the armrests and your body to provide optimal support and comfort.

To adjust the angle of the armrests, rotate them left or right.

This feature enables you to find the most comfortable position for your arms and wrists, helping to prevent strain or discomfort during extended periods of use.

Seat Height Adjustment and Backrest Reclining Adjustment:**Seat Height Adjustment:**

To control the chair's up and down movement, turn the handle clockwise. By doing so, you can raise or lower the seat to your desired height.

Backrest Locking:

In an unlocked state, push the handle all the way inwards to lock the backrest (this is the standard mechanism and can only be locked in its original position).

Backrest Unlocking:

To unlock the backrest, gently lean back against the chair's backrest, which will cause the handle to separate from the limit stop. Then, pull the handle outward to unlock it.

