

DPG Desk Panels and Desk Control™ Apps

User manual



Important information

Important information on LINAK® products can be found under the following headings:



Warning!

Failure to comply with these instructions may result in accidents involving serious personal injury.



Failing to follow these instructions can result in the product being damaged or being destroyed.

Safety instruction



General

Safe use of the system is possible only when the operating instructions are read completely and the instructions contained are strictly observed.

Failure to comply with instructions marked with the "NOTE" symbol may result in serious damage to the system or one of its components.



It is important for everyone who is to connect, install, or use the systems to have the necessary information and access to this User Manual. Follow the instructions for mounting – risk of injury if these instructions are not followed.



The appliance is not intended for use by young children or infirm persons without supervision.



If there is visible damage on the product it must not be installed.



Note that during construction of applications, in which the actuator is to be fitted, there must be no possibility of personal injury, for example the squeezing of fingers or arms.



Assure free space for movement of application in both directions to avoid blockade.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and**
- (2) This device must accept any interference received, including interference that may cause undesired operation**

- **Statement – for all intentional and unintentional radiators:**

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

- **Statement for digital devices for Class B:**

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions it may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and the receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/ TV technician for help.
-

This device complies with Industry Canada licence-exempt RSS standard(s).

Operation is subject to the following two conditions:

(1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- (1) l'appareil ne doit pas produire de brouillage, et
 - (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.
-

Labeling Requirements:

This Class B digital apparatus complies with Canadian ICES-003.

Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

Only for EU markets



This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.



Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.

Only for Non EU markets



Persons who do not have the necessary experience or knowledge of the product/products must not use the product/products. Besides, persons with reduced physical, sensory or mental abilities must not use the product/products, unless they are under surveillance or they have been thoroughly instructed in the use of the apparatus by a person who is responsible for the safety of these persons.



Moreover, children must be under surveillance to ensure that they do not play with the product.

Misuse



Do not overload the actuators – this can cause danger of personal injury and damage to the system.



Do not use the actuator system for lifting persons. Do not sit or stand on a table while operating – risk of personal injury.



Do not use the system in environments other than the intended indoor use

Informations importantes

Les informations importantes sur les produits LINAK® peuvent être trouvées dans les rubriques suivantes:



Attention!

Le non respect de ces instructions peut entraîner des accidents impliquant des blessures graves.



Ne pas suivre ces instructions peut entraîner l'endommagement ou destruction du produit.

Consignes de sécurité



Général

Le non respect de ces instructions peut entraîner des accidents impliquant des blessures graves.

Ne pas suivre ces instructions peut entraîner l'endommagement ou destruction du produit.

L'utilisation en toute sécurité du système n'est possible que si l'intégralité des instructions ont été lues et ont été strictement suivies.



Le non respect de se conformer aux instructions marquées du symbole "note" peut entraîner de graves dommages au système ou à un de ses composants.

Il est important pour tout individu qui connecte, installe, ou utilise le système d'avoir les informations nécessaires et l'accès à ce manuel d'utilisation.

Suivez les instructions pour le montage – risque de blessure si ces instructions ne sont pas suivies.



L'appareil n'est pas destiné à être utilisé par des enfants ou des personnes handicapées sans surveillance.



S'il y a des dommages visibles sur le produit, l'installation ne doit pas être effectuée.



Prendre en compte lors de la construction du matériel, dans lequel l'actionneur est incorporé, qu'il ne doit y avoir aucune possibilité de blessures corporelles, telles que la compression des doigts ou des bras.



Assurez un espace libre autour du matériel pour éviter tout blocage.

Seulement pour les marchés au sein de l'UE:



Cet appareil peut-être utilisé par des enfants âgés de 8 ans et plus, ainsi que les personnes dont les capacités physiques, sensorielles ou mentales sont réduites ou ayant un manque d'expérience et de connaissance si elles ont bénéficié d'une surveillance ou d'instructions concernant l'utilisation de l'appareil en toute sécurité et compris les risques encourus.



Les enfants ne doivent pas jouer avec l'appareil. Le nettoyage et l'entretien ne doivent pas être réalisés par des enfants sans surveillance.

Seulement pour les marchés hors UE.



Les personnes qui n'ont pas l'expérience ou les connaissances nécessaires sur le ou les produit(s) ne doivent pas le ou les utiliser. Par ailleurs, les personnes ayant des capacités physiques, sensorielles ou mentales réduites ne doivent pas utiliser le ou les produit(s), sauf si elles sont sous surveillance ou ont suivi une formation approfondie de l'utilisation de l'appareil par l'individu responsable de la sécurité de ces personnes.



De plus, les enfants doivent-être sous surveillance afin de s'assurer qu'ils ne jouent pas avec le produit.

Utilisation abusive:



Ne surchargez pas les actionneurs – cela peut engendrer un risque de blessures corporelles et endommager le système.



Ne pas utiliser les actionneurs pour soulever des personnes. Ne pas s'asseoir ou se tenir debout sur une table en fonctionnement – risque de blessures.



Ne pas utiliser le système dans des environnements autres que l'utilisation intérieure prévue.

Repairs

In order to avoid the risk of malfunction, all DESKLINE® repairs must only be carried out by authorised LINAK® workshops or repairers, as special tools must be used and special gaskets must be fitted. Lifting units under warranty must also be returned to authorised LINAK workshops.



Warning!

If any of the DESKLINE® products are opened, there will be a risk of subsequent malfunction.



Warning!

The DESKLINE® systems are not resistant to cutting oil.

DECLARATION OF INCORPORATION OF PARTLY COMPLETED MACHINERY

Misc. on the DESKLINE® system

Warranty

There is a 60 months' warranty on the DESKLINE products when used in DESKLINE applications against manufacturing faults from the production date of the individual products. LINAK A/S' warranty is only valid in so far as the equipment has been used and maintained correctly and has not been tampered with. Furthermore, the system must not be exposed to violent treatment. In the event of this, the warranty will be ineffective/invalid. For further details, please see LINAK A/S' ordinary conditions of sale.

Maintenance

Clean dust and dirt on the outside of the system at appropriate intervals and inspect for damage and breaks. Inspect the connections, cables, and plugs and check for correct functioning as well as fixing points.



The cleaners and disinfectants must not be highly alkaline or acidic (pH value 6-8).

ETL-marking

Due to space limitations, the complete ETL-marking demands are not represented on the marking plates.

The full ETL Recognized Component markings are shown here.



C/N 120690

Conforms to ANSI/AAMI Std. ES60601-1
Cert. to CSA Std. C22.2 No. 60601-1

ETL Recognized Component mark for Canada and United States



C/N 4008003

Conforms to ANSI/AAMI Std. ES60601-1
Cert. to CSA Std. C22.2 No. 60601-1

ETL Recognized Component mark for Canada and United States



C/N 4008004

Conforms to ANSI/AAMI Std. ES60601-1
Cert. to CSA Std. C22.2 No. 60601-1

ETL Recognized Component mark for Canada and United States



C/N 9901916

Conforms to ANSI/AAMI Std. ES60601-1
Cert. to CSA Std. C22.2 No. 60601-1

ETL Recognized Component mark for Canada and United States



C/N 4008671

Conforms to UL962
Cert. to CSA Std. C22.2 No. 68-09

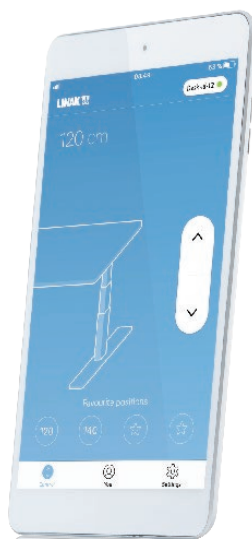
ETL Recognized Component mark for Canada and United States

Products



DPG1C

- Up/down drive
- 4 memory positions
- Light strip reminder
- Bluetooth®
- Display



Desk Control™ Apps

- Up and down drive (if supported by the connected product)
- Displays actual height
- Displays error codes and links to LINAK website support
- Up to 4 memory positions
- Reminder notifications when to stand up
- Possibility to enable automatic drive on memory positions (if supported by the connected product)
- Works via Bluetooth® Low Energy Technology
- Available in English, German, French, Spanish, Italian, Korean, Chinese and Japanese

Operation of the DPG1C

The Desk Panel is operated by tilting; Tilt and hold the DPG up to make the desk drive up, press and hold the DPG down to make the desk drive down. Release the DPG, when you have reached your requested position.

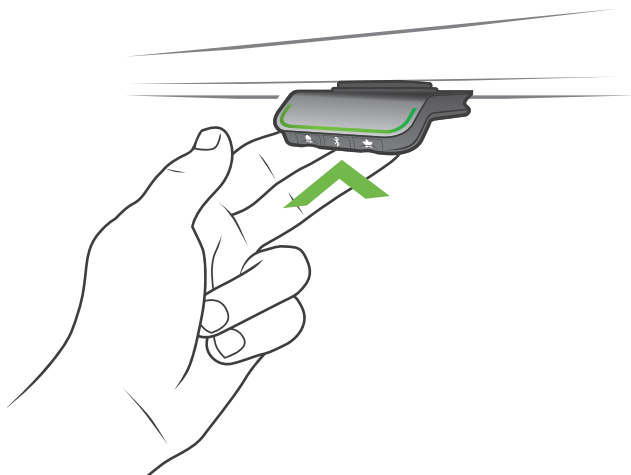


Figure 1: Tilt and hold the DPG to make the desk drive up

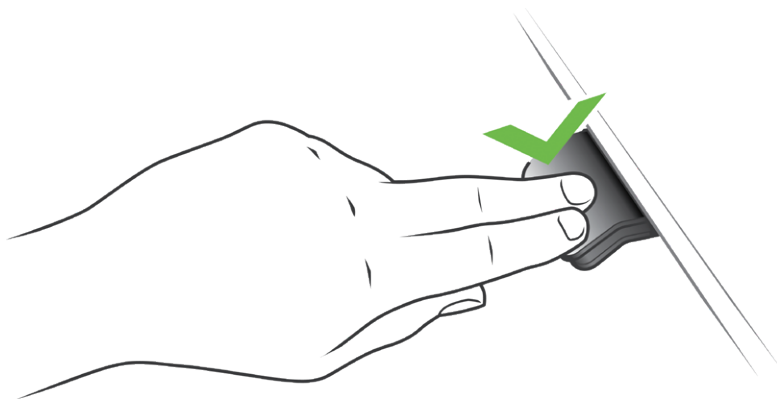


Figure 2: Press and hold the DPG to make the desk drive down

Storing the memory positions

DPG1C:

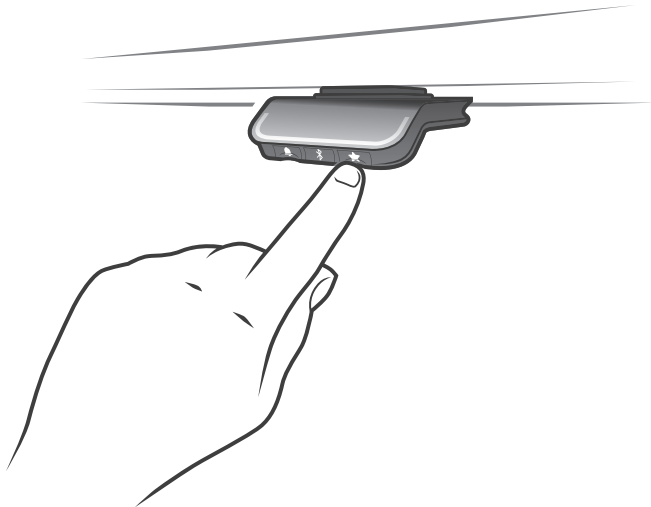
Memory positions 1 and 2

The DPG1C has a "store memory" button to the right symbolised with a star.

Adjust the desk to a preferred position and press the "Star"-button for 2 seconds. The light strip will now flash white two times to indicate that saving the position is in progress. When the light strip becomes static white, the position has been saved. The display will indicate the saved position with a star and a number of the position. The number inside the star indicates the order according to which the positions are saved; First position saved; A star with a "1" inside. This is how to save 2 memory positions "1" and "2". If the user adjusts the desk to another position and saves the position, it will overwrite the memory position 1 or 2 closest to the current position.

Memory positions 3 and 4

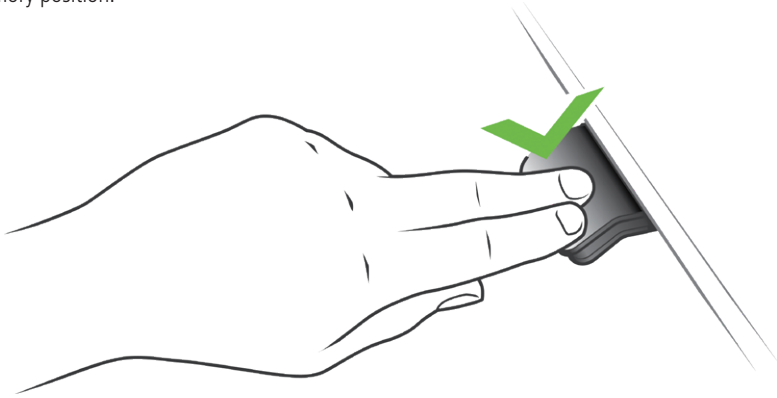
The DPG1C features 4 memory positions. Pressing the "Star" shortly will make the display show the 4 memory positions: A "star" with the number next to it. Now the user can toggle through these 4 memory positions in the display and choose which one to save the current position as. E.g. a user wants to store the current position as memory 3: Press the "star"-button and toggle to the "star" with "3" next to it. Now use the same storing procedure as described above: Press the star for 2 seconds and the memory position is saved.



Driving to memory positions

After storing the memory positions, the positions can be reached simply by tilting the DPG. Tilt and hold - when a stored position is reached, the desk stops. This way the user can easily change between sitting and standing position without looking at the DPG in the meantime. While driving the display in the DPG1C will show the height of the desk. When a position is reached, this will be indicated in the display by the star and the memory number.

The DPG will stop at all stored memory positions, which means up to 4 different positions (in DPG1C) during the stroke length of the desk. When the desk stops at a memory position, the user can continue to tilt the DPG for 1 second and the desk will move past the memory position and continue in the direction of the tilt. Furthermore, when the desk stops at a memory position, the user can release the DPG and tilt again immediately to move past a memory position.



Driving to memory positions

(Automatic drive enabled via the Desk Control™ App, only possible for "Full version")

After storing the memory positions, the positions can be reached simply by tilting the DPG. Double tap on the DPG to let the desk adjust automatically to the first position in the direction of the double tap. Simply tap the DPG again to stop the driving of the desk.

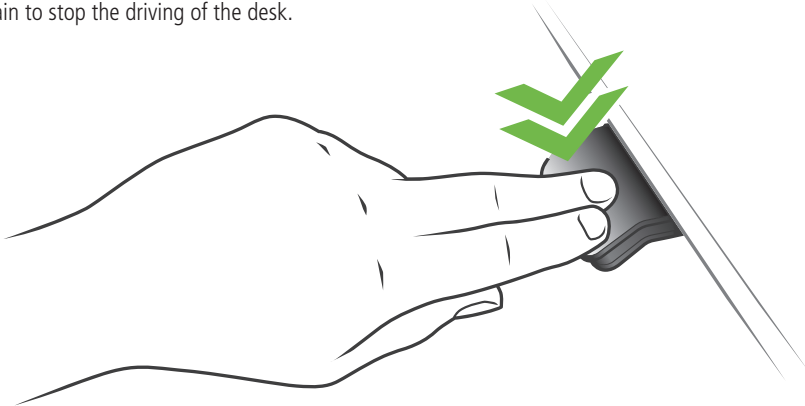


Figure 3: Double tap to adjust the desk to a memory position automatically

Erase memory positions

Pressing the "Memory" button for 8 seconds will erase all saved memory positions. The light strip will blink red to indicate when the action is completed.



Connecting Bluetooth®

Pressing the Bluetooth® button in the middle for 2 seconds will enable pairing mode. A blue flashing light in the light strip indicates this.



Download the Desk Control™ App suited for your device in App store or Google Play and pair the app and the device. Search for Desk Control and look for the app icon:



The display on the DPG1C will inform about the Bluetooth-ID of the desk, which is "DESK" followed by a 4-digit number – look for this ID in the list of "Desks nearby".

Reminder

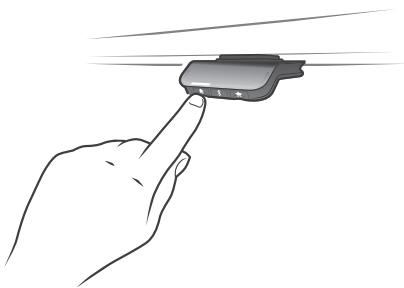
Setting the reminder interval

The DPG has a "Reminder" button to the left symbolised with a bell. Pressing this button will adjust the interval of how often to get reminders to change position. Each white block represents an interval and the 3 standards are:

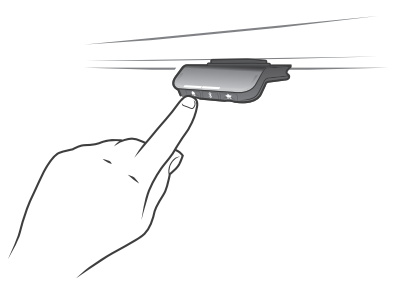
- Interval 1: Reminder after 55 minutes sitting
- Interval 2: Reminder after 50 minutes sitting
- Interval 3: Reminder after 45 minutes sitting

The default interval chosen is reminding after 55 mins, which means one white block will be lit up. Simply toggle through the intervals by pressing the bell button. When no white blocks are lit up, the reminder is turned off.

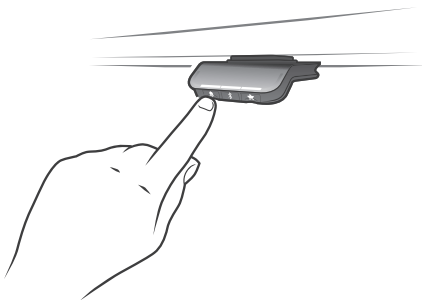
Through the apps, it is possible to personalise the three intervals to custom values.



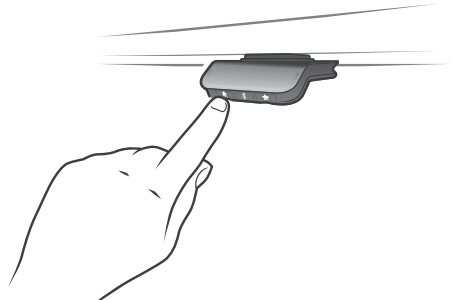
Interval 1: Reminder after 55 minutes sitting



Interval 2: Reminder after 50 minutes sitting



Interval 3: Reminder after 45 minutes sitting



Reminder off

Reminder reset

It is possible to reset the reminder to default values by pressing the "bell" symbol for 8 seconds. The light strip will flash red to indicate when the action is completed.

Light strip reminder

The light strip is a thin line of LED light shining through the surface of the DPG. The light strip is intended to indicate the status of the desk user. The status depends on the reminder interval chosen. When the user is in position in an appropriate amount of time according to the interval, the light strip calmly pulsates green. When the sitting interval runs out, the calm pulsating green turns into fast pulsating orange for 1 min hereafter static orange – this is an indication to the user to adjust the desk to standing height. In standing height, the light strip will pulsate green until a potential timeout. When the desk is adjusted back to sitting position, the light strip will pulsate green until the reminder goes off again.

After 4 hours without any action, the light strip will time out. When the DPG is tilted, the green light will come back on.



Please be aware; When the light strip is enabled for reminders, the DPG is no longer in ZERO™ mode as long as the light is on/active.



Figure 4: Pulsating green light strip indicates that everything is okay



Figure 5: Pulsating orange light strip indicates that the user needs to change position

Factory reset

Pressing and holding the “Memory” and “Reminder” for 8 seconds will set the DPG to factory default. The LED will flash red 3 times. If a factory reset is performed, it sets the DPG back to the configured state. That means all configurations made in the DPG configurator will not be reset – only the settings changed directly on the DPG or in the App by the end-user will be deleted.



DPG1C

Display

The DPG1C has an OLED display, which shows the height during drive of the desk and many other texts to guide the user.

Adjust the initial height of the desk

If the height shown in the display is not correct the height can be adjusted. When pressing the “Reminder” and the “Bluetooth” button on the DPG1C at the same time in 5 seconds; the height in the display starts to blink. When tilting the DPG1C the height in the display changes without moving the desk. Tilt up to increase the height, tilt down to decrease the shown height in the display. Pressing any button will confirm the choice or wait for 10 seconds and the confirmation happens automatically.

Switching between centimetre and inch

Pressing the “Memory” and the “Bluetooth” button on the DPG1C at the same time for 5 seconds; the current measurement unit blinks. When e.g. CM is blinking and the user wants to change to inch; Tilt the DPG once and it now says “Inch” in the display. Pressing any button will confirm the choice or wait for 10 seconds and the confirmation happens automatically.

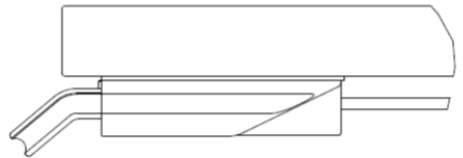
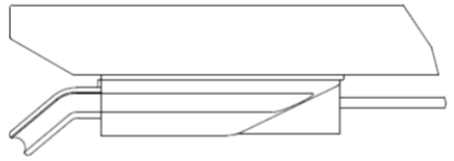
Error codes

The DPG1C shows error codes in case of errors in the system. The most common errors loop between the error code (EXX) and the cause, check the code below:

Error codes in CBD6S	Cause
E53-E64	COLLISION
E41-E52	OVERLOAD
E01	INITIALISATION

Placement of the DPG1C:

The drawings below are side views examples on how to position the DPG1C proportionally to the edge of the tabletop. Because of the light strip, we recommend placing the DPG1C in a visible position.

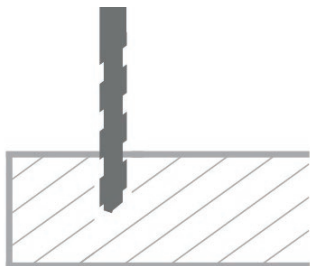


Mounting of the DPG:

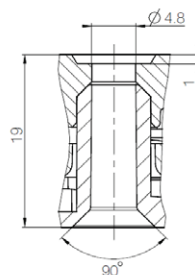
When mounting the DPG, there are a few things of which to be aware.

1. Predrill the holes

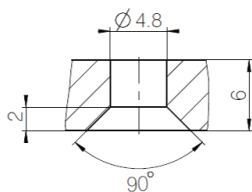
We recommend predrilling the holes for the DPG to ensure the same aligned position for every desk.



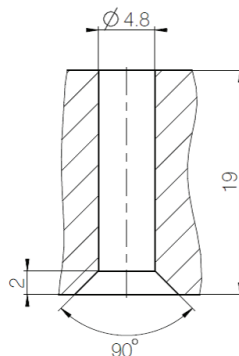
If no holes are predrilled, a bulge of wood might occur between the tabletop and the DPG – which causes the DPG not to be tightened sufficiently to the tabletop. This might lead to incorrect functionality of the DPG.



Max screw length 19 mm + thickness of the tabletop



DPG without cover

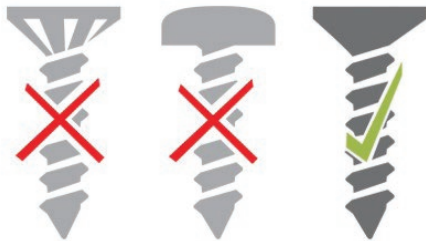


DPG with cover



Please observe that a DPG version with cover requires a 13 mm longer screw

2. Use correct screws



When mounting the DPG to the tabletop, screws with the following specification must be used:

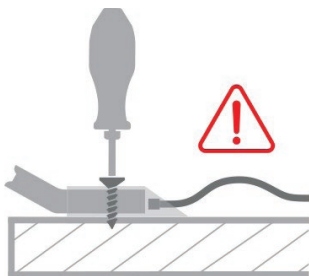
- Ø4.5 mm
- 90° countersink screw



Do not use screws with a milling head as they will cut into the housing of the DPG.

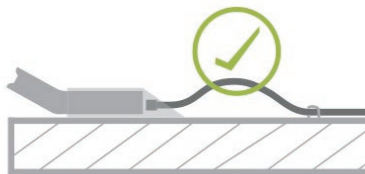
The screws must be fastened sufficiently, without overtightening the screws. It is not possible to mention a specific torque as this depends on the type of screw, the material of tabletop and whether there are predrilled holes or not.

3. Do not overtighten the screws



Do not overtighten the screws. They must of course be fastened sufficiently, but without damaging the plastic.

4. When mounting the DPG, make sure that the cable is not tightened too much



When mounting the DPG, it is important to ensure that the cable is not tightened, but has free mobility in the first centimetres from the housing. We recommend attaching the cable to the tabletop with a clip as shown on the drawing above.

Find more information about how to use the DPG in this short film: [\(link\)](#)

Above-mentioned mounting guidelines are directly accessible via the label on the cover of the DPG. Use either the QR code or type in the web address.

Preparing the tabletop for both DPG sizes (DPG1C)

The DPG series consists of 4 different desk panels in 2 different sizes. The DPG1K and the DPG1M are the same size and the DPG1B and the DPG1C are the same size.

The two sizes share one hole in the hole pattern, which means 3 predrilled holes in the tabletop will make it possible to mount both sizes of the DPG and all 4 versions.

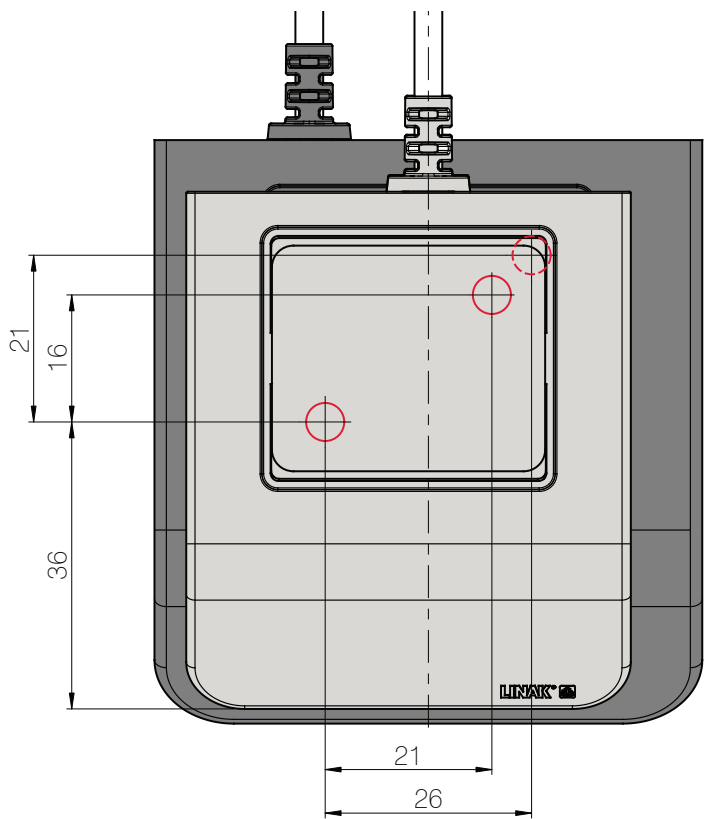
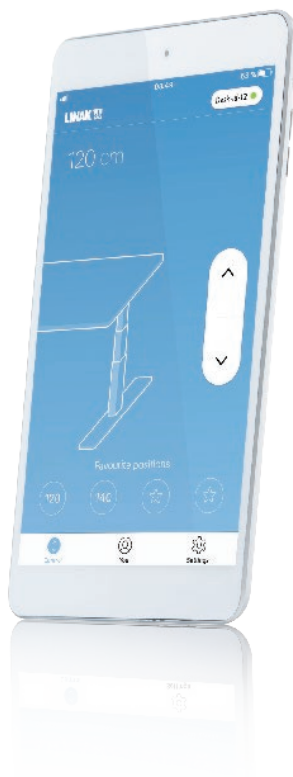


Figure 6: Hole pattern of the DPG sizes. The dashed line is the second hole of the DPG1C

Desk Control™ App

Desk Control is an app developed for users of sit-stand desks. The app allows the user to connect to the desk via Bluetooth® wireless technology and will now remind the user to use the desk. By downloading the “*Desk Control*” app, the desk user comes one step closer to changing the prolonged sitting behaviour and the user gets the friendly reminder needed to build a healthy routine during the workday. Via the app the desk can also be adjusted and the user can drive to prestored memory positions. The app comes in 8 languages and is available for 2 different platforms: iOS for iPhones and iPads and Android for Android smartphones and tablets.



Downloading apps

The apps are called "Desk Control™" and have the following app logo in iTunes and Apple App store and Google Play store:



How to download the App for iOS

- Step 1:** Use your iPhone or iPad to log into Apple App store
- Step 2:** Type "Desk Control" in the search column
- Step 3:** Select the "Desk Control" app
- Step 4:** Click install to download the app to your device

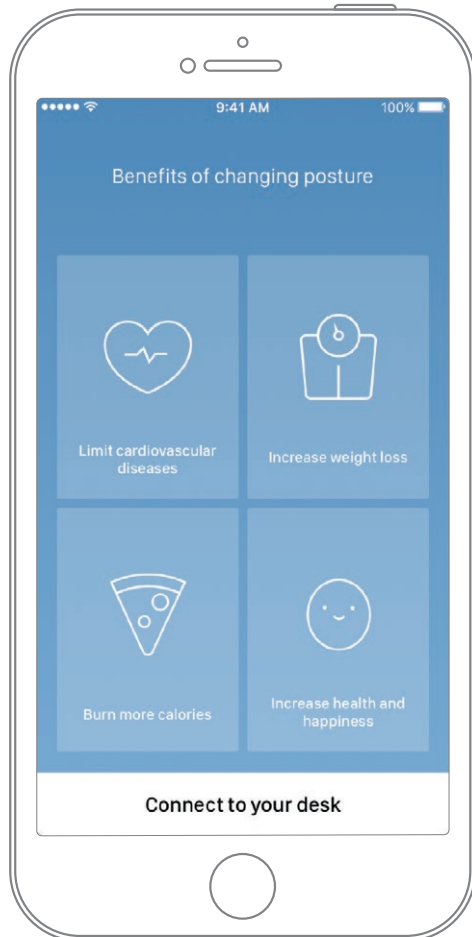
How to download the App for Android

- Step 1:** Use your Android device to log into Google Play Store
- Step 2:** Type "Desk Control" in the search column
- Step 3:** Select the "Desk Control" app
- Step 4:** Click install to download the app to your device

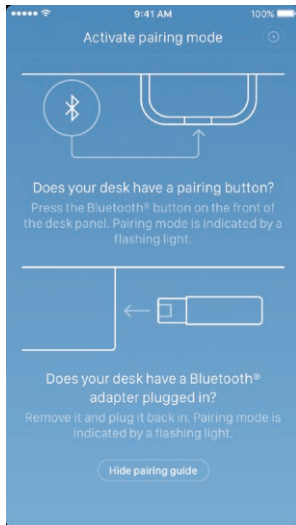
Onboarding flow

The first time you start the Desk Control app; An onboarding flow will show to guide the user to the first-time use of the app.

The two main purposes of the onboarding flow is to inform the user of the benefits of changing posture during the workday and get the connection between the app and the device established. Pressing *"connect to your desk"* on the below screen will lead to the *"Pairing Bluetooth®"* guide.



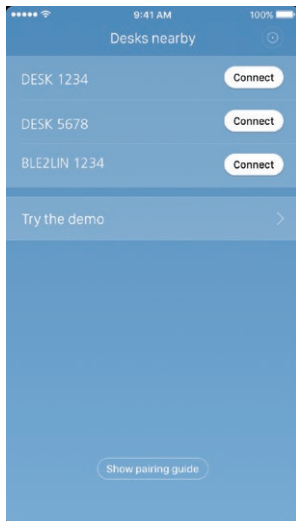
Pairing Bluetooth®



To get a functional app, you must have the LINAK Bluetooth® Adapter or desk panel with integrated Bluetooth® such as DPG1M, DPG1B or DPG1C. The screen to the left informs the user how to get the product they received in pairing mode.

The Bluetooth® Adapter must be plugged into the DESKLINE® control box and it will blink blue and be in pairing mode for 3 minutes.

To set a DPG1M/B/C in pairing mode, the Bluetooth® button in the front of the desk panel must be pressed for 2 seconds and the light strip or light LED will blink blue to indicate that it is in pairing mode.



When pressing *"Hide pairing guide"* the screen with the list of devices in pairing mode will appear. Press the *"connect"* button to the right of the device to pair.

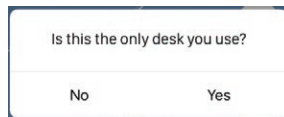
All Bluetooth® Adapters Bluetooth® IDs are named BLE2LIN followed by a 4-digit number. All DPG desk panel Bluetooth® IDs are named DESK followed by a 4 digit-number.

Demo:

By selecting *"Try the demo"*, you will get access to explore the functionality of the Desk Control™ App but without connection to a product.

After pressing the *"connect"* button and the connection has been established successfully, the user will be lead to the *"Control"* page of the app.

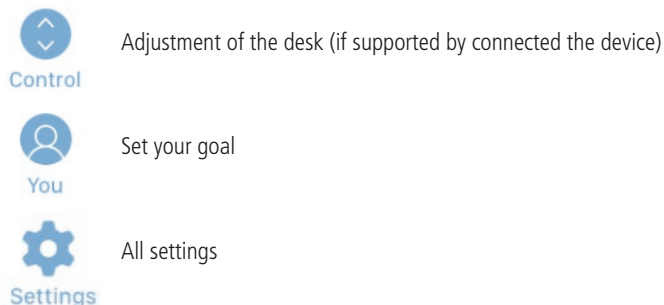
The following question pops up on the screen, which the user have to answer.



If the user only uses one desk with this app; Press yes
If the user uses this app for multiple desk; Press no

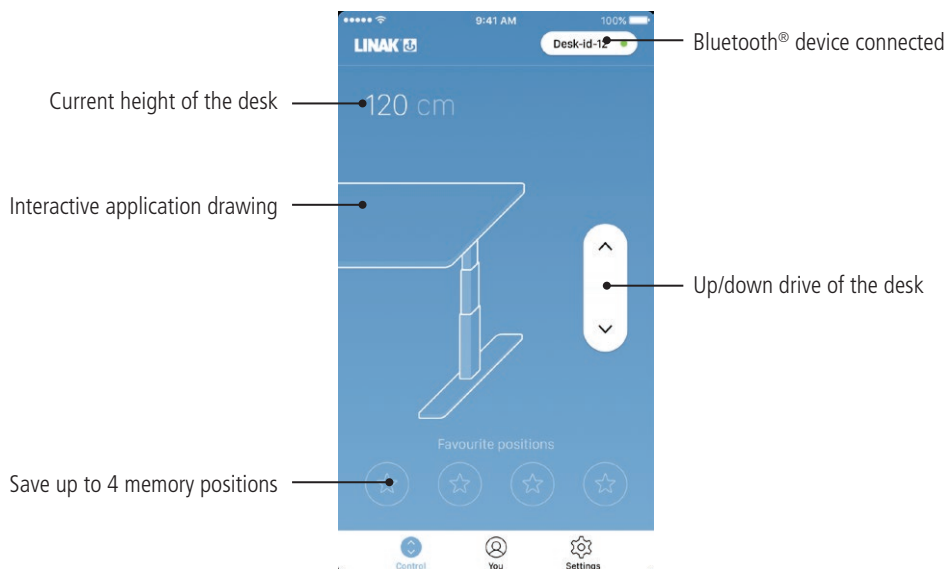
How to use the app

The Desk Control™ App consists of 3 different tabs to navigate between; *"Control"*, *"You"* and *"Settings"*



Control

This is the landing page after the Bluetooth® connection is established. The functionality of the control page depends on the product to which app is connected. The screen below shows when the app is connected to a *"full version"* of a DPG or Bluetooth® Adapter. When the connection is with a *"Limited version"* of the DPG or Bluetooth® Adapter; Adjustment of the desk through the app will not be possible and it is not possible to store memory positions. The graphics will adjust to the possibilities.



Up/down drive

Moves the application upwards/downwards while pressing and holding the button.

Bluetooth® device

Leads back to *"Desks nearby"* and lets the user connect to another product in pairing mode

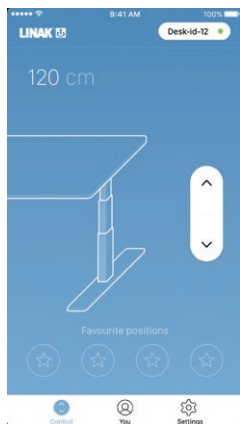
Height

Current height of the desk. In case an error occurs, the error code will be displayed instead of the height.

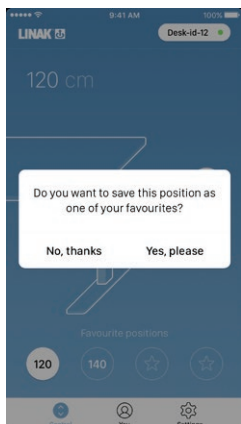
Favourite positions

The stars symbolise the favourite positions.

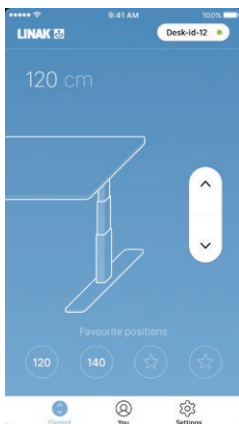
Drive the desk to the preferred position; press one of the circles with a star inside. A pop-up notification will ask if the position should be saved as a favourite position, press "*Yes, please*" and the position is saved. The circle will now show the height of the favourite position. By pressing and holding the button, the application will take you to your favourite position.



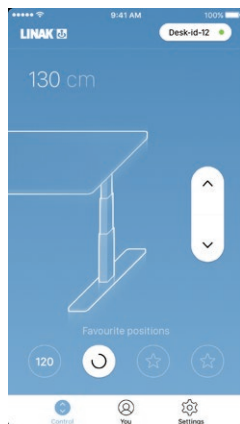
Press the star to save



Conform the choice



Two saved positions



Driving to a favorite position

Automatic drive

If "*Automatic drive*" is enabled in the "*settings*" menu, pressing the button once will make the application adjust to the stored position without holding the button. Pressing any button or closing the app will interrupt the drive of the desk. Please observe, by enabling automatic drive, the user accepts the responsibility and danger that can occur under these circumstances.

Automatic drive is only possible to enable when the app is connected to a "*full version*" product.

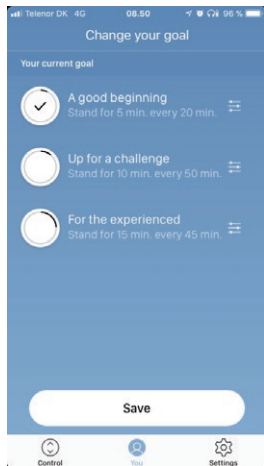
The DPG will reflect the favourite positions saved through the app, so you can tilt between the positions via the desk panel instead of using the app.

You

"You" is the page for setting the daily goal of standing at the desk.

The first time you press the "You" tab will require following input:

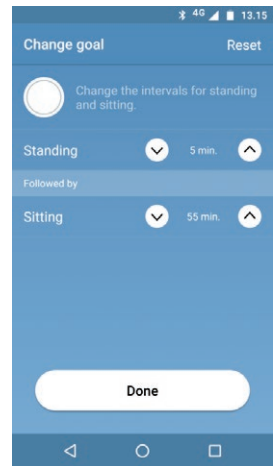
- Choose a goal of sitting and standing. Choose a predefined one or customise it by pressing the symbol to the right.
- Choose if the smart device should remind via pop-up notifications when it is time to change position



Choose between the 3 predefined intervals and press save



OR press the symbol to the right and choose your own interval

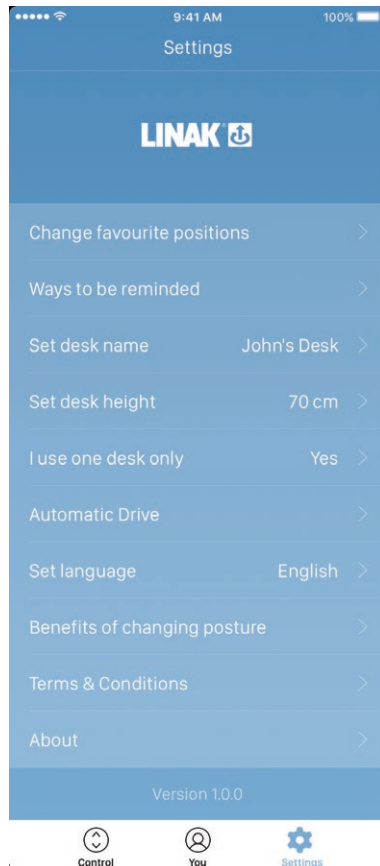


Via the arrows adjust the interval you prefer and press done

Please note: If an interval for sitting/standing has already been chosen via the DPG, these settings will be shown when opening the app.

Settings

Pressing the "Settings" will provide a list of choices:



Change the favourite positions

The favourite positions are stored through the control page. If the user wants to change the height of the stored positions, it can be done through this menu.

Ways to be reminded

Enable or disable reminders as pop-up notifications on smartphones.

If supported by the connected product, e.g. the DPG1B, enable or disable the light strip as a reminder function.

Set desk name

Change the name of the connected product. The renaming will only affect the local name in the smartphone or computer - not in the DPG or Bluetooth® Adapter.

Set desk height

Set the current height of the desk. An illustration guides the user on how to measure. Choose in which units the height is shown: cm or inches.

I use one desk only

Choose between "Yes" or "No".

Yes: This is the only desk, you use and to which you connect your app. Your reminder and memory settings are stored in the DPG on the desk.

No: You connect to several desks. Your reminder and memory settings are stored on your smart device and when you connect to a desk, the settings will reflect in the DPG. When you are no longer connected, the DPG will go back to the settings it had before you connected after 2 hours.

Automatic drive

Enable automatic drive on memory positions. The user has to accept the terms in the pop-up notification before this feature can be enabled. This feature can only be enabled via this app and only when connected to "*full versions*" of the DPG1M/B/C and BLE2LIN, not the "*limited versions*". An animation shows the user how this feature works.

Set language

Choose between 8 different languages in the app. This change does not affect the language in the display of a DPG1C.

Benefits of changing posture

An overview of some of the benefits by using a sit/stand desk and changing posture.

Terms & conditions

Terms & conditions for using the Desk Control™ app.

About

Use your desk

Link to the "*Made to Move*" area; Get guidance on how to use a sit/stand desk correctly.

Product information

Link to LINAK website with information about this app.

Support

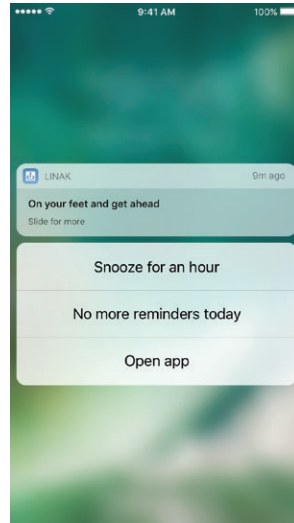
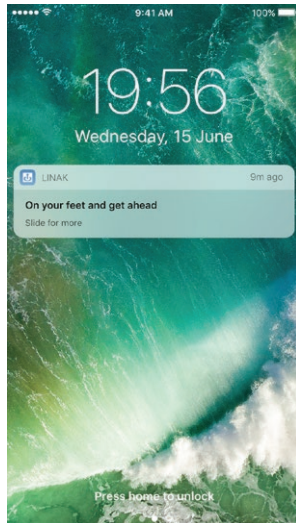
Link to LINAK website with troubleshooting videos on the DPG products.

Reminder notifications

When reminder notifications are enabled on the smart device, pop-up notifications will occur to help guide the user when there is a need to change position. Below are examples on the notifications that will pop up on your screen when it is time to adjust your desk again. The reminders will appear based on your settings.

The notification will tell the user to change position. There are 3 notification options:

- Snooze the reminder: The notification will pop up one hour later.
- Disable reminders for today: The notifications will stop for the day, but they will be enabled again the next day.
- Open app: Opens the app allowing the user to adjust the desk. (If supported by the connected product)



Be aware, that the notification only works, when they are answered via the Desk Control™ App. If the notification is answered on the DPG or other controls, the app do not understand users input, as the notifications only respond to actions taken in the app. This means that the notifications are going out of synchronisation, and will not give you more notifications until these have been reset in the app or the next day.

The notifications are based on users goal set under 'You'. If the goal is set to 10 min standing, 50 min sitting. The notification will be send after the user have been sitting for 50 minutes. When the table is moved above 95 cm, the DPG and app are put into standing position until it is moved down again. When reaching sitting position (under 95 cm), the notification is being reset and a new notification will appear after 50 min.

Notifications ONLY appears, when user is sitting – not in standing position.

Recommendations on how to use Desk Control™

Overriding a learned sedentary behaviour is a true behavioural challenge. We have put together a guide for how to break up with your chair during your workday.

If you are not used to stand up and work, start with short intervals focusing on learning and getting into a habit. When this behaviour is starting to get a habit, continue to stand for longer periods e.g. using the below guide or simply testing what feels comfortable for you.

How to vary between standing and sitting while your work

The most important thing is to vary your position and to move around, preferably three times an hour.

Instead of sitting for too long at a time, you can switch between standing and sitting position.

Remember good posture and to stand with your body weight evenly distributed on both legs.

- Start by raising your desk and stand for 15 minutes each hour before you go to lunch.
- Raise your desk just before your lunch break. Then your desk will be in the right position when you get back from lunch.
- Just after lunch, stand for 15 minutes before lowering your desk to sit for 45 minutes.
- Raise your desk again every hour, so that you stand up working for 15 minutes each hour or the rest of the day.
- Raise your desk before you leave for the day – then it is ready for the next day.

Important reservations when varying between standing and sitting position:

If you are pregnant, have varicose veins or have a health condition that may prevent you from standing for 5-15 minutes at a time every hour, you should contact your doctor to make sure that this will not be detrimental to your health.

Disposal of LINAK's products

As LINAK's customers often ask us how our products can be disposed of or scrapped we have prepared this guidance that enables a classification to different waste fractions for recycling or combustion.

Guidance

We recommend that our products be disassembled as much as possible and divided into different waste groups for recycling or combustion.

For example, waste can be sorted into metals, plastics, cable scrap, combustible material and recoverable resources.

Some of these main groups can be further divided into subgroups; e.g. metal can be divided into steel/aluminium/copper and plastic can be divided into ABS/PA/PE/PP.

As an example, the table below breaks down the different components in LINAK products to various recycling groups:

Product	Components	Recycling group
Handset/Control:	Plastic housing Cable PCB board	Plastic recycling or combustion Cable scrap or combustion Electronics scrap

By now, almost all our casted plastic parts are supplied with an interior code for plastic type and fibre contents, if any.

Main groups of disposal

Product main groups	Metal scrap	Cable scrap	Electronics scrap	Plastic recycling or combustion	Comments
Desk Control App					
Bluetooth® Adapter			X	X	
DPG		X	X	X	

Disposal of batteries

"Details regarding safe disposal of used and leaking batteries:

Batteries should be disposed in accordance with appropriate federal, state and local regulations. LINAK recommends that used or leaking batteries are disposed through local recycling system. Please do not throw used or leaking batteries in normal household waste or in nature. This will cause damage to the enviroment.

How to deal with leaking batteries

Leaking batteries should be disposed as described above.

If leaking batteries are discovered in the product, the batteries must be removed at once to minimise damage to the product.

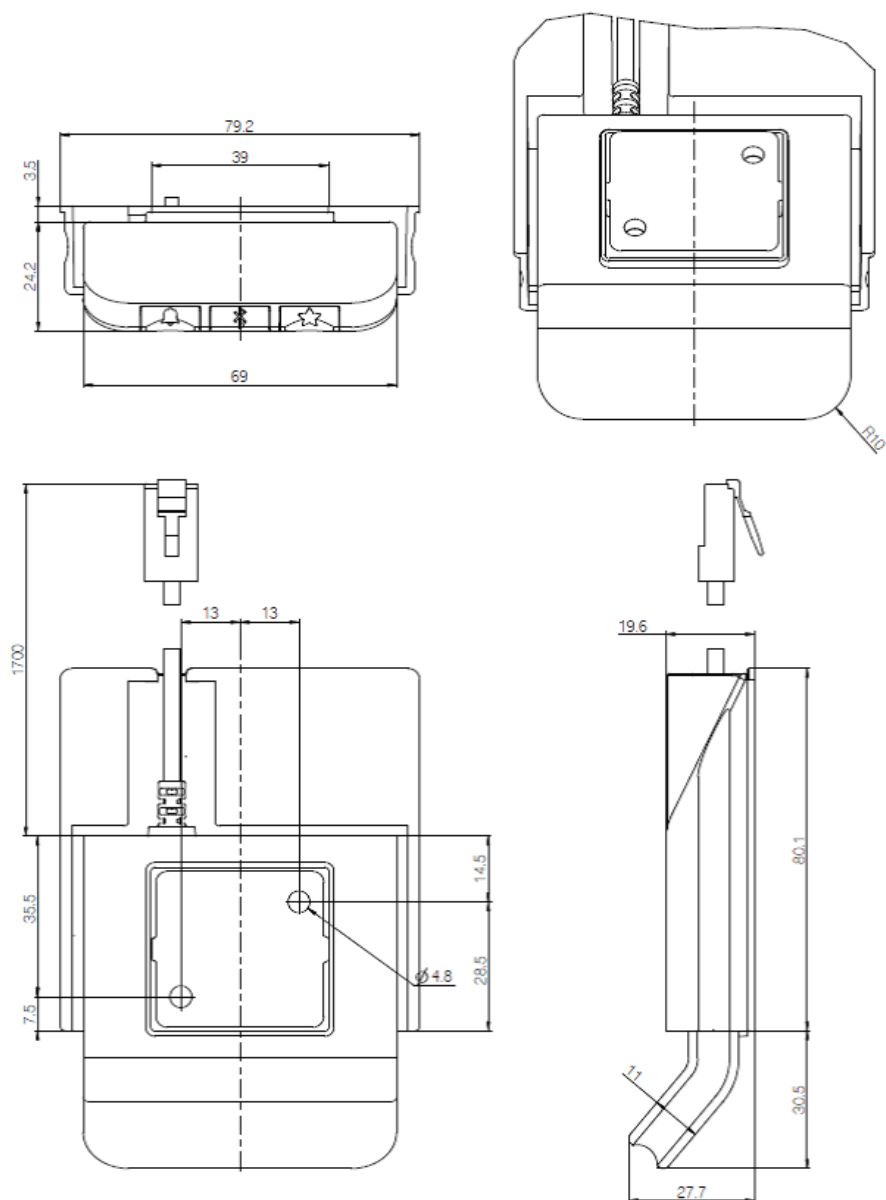
If leaking batteries are left in the product, it become defective.

It is recommended to use plastic gloves when handling leaking batteries. The contents of a leaking batteries can cause chemical burns and respiratory irritation.

If exposed to the contents of a leaking battery, please wash with soap and water. If irritation persists, please seek medical attention. In case of eye contact, please flush eyes thoroughly with water for 15 minutes and seek medical attention."

DRAWING APPENDIX

DPG1C





DECLARATION OF CONFORMITY

LINAK A/S
Smedevænget 8
DK - 6430 Nordborg

hereby declares that LINAK Actuator System composed of:

Control Box(s)	CBD6S
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And

Linear Actuator(s) 31xxxH-xxxxx50S, DB4, DB5, DB6, DB7, DB9, DB12, DB14, DB16, LA23 and / or
Lifting Column(s) DL1A, DL2, DL4, DL5, DL6, DL7, DL8, DL9, DL10, DL11, DL12, DL14, DL15, DL16, DL17, BASE1

And

Desk Panel(s)	DP1C, DP1K, DP1L, DP1V, DP1U, DPA, DPB, DPF, DPH, DPT, WDPL1	and / or
Handset(s)	RFT000, RFRL00x, HB1xRF3000, HB2xRFx000	

complies with EMC Directive: 2004/108/EC according to following standards:
EN 61000-6-1:2007, EN 61000-6-3:2007, EN 55014-1:2007+A1+A2, EN 55022:2011 Class B.

complies with Low Voltage Directive 2006/95/EC according to the standard:
EN 60335-1:2012

complies with Machinery Directive 2006/42/EC according to the standard:
EN 13849-1:2008 SRP/CS Cat. B, PL = b and SRESW PL = b

complies with RoHS2 Directive 2011/65/EU according to the standard:
EN 55581:2012

and
RF Controls: RF-transmitter: HB1xRF3000 and/or
RF-transmitter: HB2xRFx000 and/or
RF-receiver: RFT000, RFRL

complies with the Radio equipment and Telecommunications terminal equipment Directive 1999/5/EC:
EN 300220-2:2007, EN 61000-6-1:2007, EN 61000-6-3:2007,
EN 60335-1:2012, EN 62311:2008

Nordborg, 2014-04-09

John Kling

LINAK A/S
John Kling, B.Sc.E.E.
Certification and Regulatory Affairs
Authorized to compile the relevant technical documentation

LINAK APPLICATION POLICY

The purpose of the application policy is to define areas of responsibilities in relation to applying a LINAK product defined as hardware, software, technical advice, etc. related to an existing or new customer application.

LINAK products as defined above are applicable for a wide range of applications within the Medical, Furniture, Desk and Industry areas. Yet, LINAK cannot know all the conditions under which LINAK products will be installed, used, and operated, as each individual application is unique.

The suitability and functionality of the LINAK product and its performance under varying conditions (application, vibration, load, humidity, temperature, frequency, etc.) can only be verified by testing, and shall ultimately be the responsibility of the LINAK customer using any LINAK product.

LINAK shall be responsible solely that the LINAK products comply with the specifications set out by LINAK and it shall be the responsibility of the LINAK customer to ensure that the specific LINAK product can be used for the application in question.

Made for



iPod



iPhone



iPad

iPod touch, iPhone, and iPad are trademarks of Apple Inc., registered in the U.S. and other countries.

"Made for iPod touch", "Made for iPhone," and "Made for iPad" mean that an electronic accessory has been designed to connect specifically to iPod touch, iPhone, or iPad, respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPod touch, iPhone or iPad may affect wireless performance.

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